

USEFUL CONTACT NUMBERS

COMMUNITY INFORMATION TORONTO
2-1-1

VICTIM SERVICES TORONTO
416-808-7066
www.victimservicestoronto.com

SHELTERS SAFE
www.sheltersafe.ca

LEGAL AID ONTARIO
416-979-1446
www.legalaid.on.ca

ASSAULTED WOMEN'S HELPLINE
416-863-0511 www.awhl.org

TORONTO RAPE CRISIS CENTRE
416-597-8808 www.trccmwar.ca

THE 519 ANTI-VIOLENCE PROGRAM
416-392-6874 www.the519.org
Lesbian, Bisexual, Transsexual /
Transgender Communities

KIDS HELP PHONE
1-800-668-6868
www.kidshelp.sympatico.ca

VICTIM / WITNESS ASSISTANCE PROGRAM CONTACT NUMBERS

Old City Hall	416-327-5959
College Park Court	416-325-6117
Metro North Court	416-314-0009
Metro West Court	416-314-3944
Metro East Court	416-325-1452
Youth & Family Court (311 Jarvis St.)	416-212-1452



For more information on crime prevention, scan the following QR code on your smart phone or visit our website at www.torontopolice.on.ca/crimeprevention/



To report a crime anonymously, call Crime Stoppers at:
1-800-222-8477 (TIPS) or online at: www.crimestoppers.com

For more crime prevention tips visit: tps.on.ca/crimeprevention

In An Emergency: Call 9-1-1

To report a crime to the Toronto Police that is not an emergency call:
416-808-2222

SP 945-E (2018/10)

**ARE YOU IN
AN ABUSIVE
RELATIONSHIP?**



HEALTHY VS. UNHEALTHY RELATIONSHIPS

Healthy relationships are based on love, trust and respect for each other and shouldn't be a cause for concern.

Unhealthy relationships typically start with behavior that is obsessive in nature and can quickly lead to abuse.



Reduce The Risk!

Reduce The Opportunity!

tps.on.ca

PARTNERING WITH OUR COMMUNITIES TO BREAK THE CYCLE OF DOMESTIC VIOLENCE

SIGNS OF OBSESSIVE BEHAVIOUR

Obsessive people tend to exhibit jealousy, anger and controlling behavior which can lead to threats, verbal and sexual abuse along with physical violence. Abusive behavior should NEVER be confused with passion or “love”, it is simply WRONG!

GETTING OUT OF AN ABUSIVE RELATIONSHIP

It is vital that you recognize the signs of an abusive relationship to minimize any future harm. Do NOT make excuses for the behaviour or think that you can change it-your partner needs professional help. Remove and/or end the relationship. Your well-being depends on it!

WHAT IF I AM THE VICTIM OF DOMESTIC VIOLENCE

If you are the victim of domestic violence, call 9-1-1--DOMESTIC VIOLENCE IS A CRIME. It is against the law for a person to assault or threaten another person in an intimate relationship. Violence in relationships can lead to serious injury, suicide and homicide.

DOMESTIC VIOLENCE includes acts used to maintain power and control over a person by creating fear and isolation. Abuse can take many forms, including physical, sexual, emotional, psychological and financial.

VICTIMS ARE ABUSED in all social, religious, racial, cultural, income and educational groups regardless of age, sex, sexual orientation, marital or relationship status.

THE TORONTO POLICE SERVICE is committed to assisting with the prevention and reduction of domestic violence through intervention and education, and by holding offenders accountable for their actions. The police are required to lay charges when there are reasonable grounds to believe an offence has occurred.

Whether you're married, living together or just dating, it is important that you know and recognize the signs of an unhealthy relationship as this can lead to trouble.

USEFUL CONTACT NUMBERS

SCARBOROUGH GRACE HOSPITAL

416-495-2555

www.sacc.to

NEW WOMEN'S COLLEGE HOSPITAL

416-323-6040

www.womenscollegehospital.ca

BARBRA SCHLIFER CLINIC

416-323-9149 www.schliferclinic.com

ABRIGO CENTRE

416-534-3434 (Portuguese)

www.abrigo.ca

ARAB COMMUNITY CENTRE

416-231-7746 (Arabic, Armenian, French, Kurdish, Somali, Urdu)

www.arabcommunitycentre.com

CENTRE FOR SPANISH SPEAKING PEOPLES

416-533-8545 www.cssp-cghh.org

COSTI

416-244-7714 (Italian)

www.costi.org

FAMILY SERVICE TORONTO

416-595-9230

www.familyserVICEToronto.org

JEWISH FAMILY & CHILD SERVICE

416-638-7800 (French, Hebrew, Russian, Yiddish)

www.jfandcs.com

KOREAN CANADIAN WOMEN'S ASSOCIATION

416-340-1234

www.kcwa.net

NATIVE CHILD & FAMILY SERVICES

416-969-8510 (Ojibway, other native interpretation)

www.nativechild.org

OASIS CENTRE DES FEMMES

416-591-6565 (French)

www.oasisfemmes.com

POLYCULTURAL IMMIGRANT AND COMMUNITY SERVICES

416-533-9471 (Polish, Russian, Ukrainian)

www.polycultural.org

SOUTH ASIAN FAMILY SUPPORT

416-431-4847 (Bengali, Dari, Farsi, Gujarati, Hindi, Pashto, Punjabi, Tamil, Urdu, Chinese, French, Spanish)

www.safss.com

SOUTH EAST ASIAN SERVICES

416-362-1375 (Cantonese, Mandarin, Filipino)

www.seascentre.org

TAMIL EELAM SOCIETY OF CANADA

416-757-6043 (Tamil, Arabic, Dari, Pashto, Sinhala, Turkish)

www.tesoc.org

TROPICANA COMMUNITY SERVICES

416-439-9009 (African & Caribbean Communities)

www.tropicanacommunity.org

VIETNAMESE WOMEN'S ASSOCIATION OF TORONTO

416-539-0152

www.vwat.org